

**TUH, part of the Teachers Health Group**  
**Basic Extras**

Restricted Insurer

**\$78.31 / month**

(Before Rebate, Discount &amp; Loading)

Available in TAS

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

**This policy covers:** Two adults (and no-one else).

**Restricted insurer:** Membership of this insurer is restricted to current or former union members and their families.

No-gap or agreed discounts at preferred optical, dental, podiatry and physiotherapy providers. See <https://tuh.com.au/information/using-your-extras/find-provider>.

**Policy ID:** QTU/BY/TDMD20**Source:** Private Health Information Statement (PHIS)

## Extras Cover

This policy **includes** General treatment (Extras) cover for

Note, for treatments marked with \*: \*Optical set benefits apply for frames/lenses/repairs, 100% up to annual limit for contacts. \*Pharmaceuticals overall \$400 limit includes Physiotherapy, Group Physiotherapy, Exercise Physiology, Ante/Post Natal Physiotherapy, Chiropractic, Psychology, Counselling, Pharmaceuticals, Osteopathy and Remedial Massage.

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Chiropractic	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"><li>Initial visit: \$32</li><li>Subsequent visit: \$25</li></ul>
✓ Exercise physiology	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"><li>Initial visit: \$23</li><li>Subsequent visit: \$23</li></ul>
✓ General dental	2	<b>\$400 per person</b>	<ul style="list-style-type: none"><li>Fluoride treatment: \$21</li><li>Scale &amp; clean: \$52.5</li><li>Surgical tooth extraction: \$0</li><li>Periodic oral examination: \$28.35</li></ul>
✓ Non PBS pharmaceuticals*	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"><li>Per eligible prescription: \$50</li></ul>
✓ Optical	6	<b>\$180 per person</b>	<ul style="list-style-type: none"><li>Multi-focal lenses &amp; frames: 100% of charge</li><li>Single vision lenses &amp; frames: 100% of charge</li></ul>

✓ Osteopathy	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"> <li>Initial visit: \$37</li> <li>Subsequent visit: \$33</li> </ul>
✓ Physiotherapy	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"> <li>Initial visit: \$35</li> <li>Subsequent visit: \$30</li> </ul>
✓ Psychology	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"> <li>Initial visit: \$75</li> <li>Subsequent visit: \$60</li> </ul>
✓ Remedial massage	2	<b>\$400 per person</b> combined limit for chiropractic, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & other services	<ul style="list-style-type: none"> <li>Initial visit: \$33</li> <li>Subsequent visit: \$33</li> </ul>

Also covers: Group Physiotherapy \$17 per consult. Ante/Post Natal Physiotherapy \$17 per consult. Chiropractic x-ray (one per year) \$63. Psychology group consultation \$30 per session. Counselling \$35 per initial consult, \$28 per subsequent consult. Osteopathic x-ray (one per year) \$63, Remedial Massage and Myotherapy \$33 per consult.

#### This policy **does not include** General treatment (Extras) cover for

- |                                 |   |                                  |
|---------------------------------|---|----------------------------------|
| ✗ Acupuncture                   | ✗ Endodontic                            | ✗ Occupational therapy           |
| ✗ Ante-natal/Post-natal classes | ✗ Eye therapy (orthoptics)              | ✗ Orthodontic                    |
| ✗ Audiology                     | ✗ Health management / Healthy lifestyle | ✗ Orthotics (podiatric orthoses) |
| ✗ Blood glucose monitors        | ✗ Hearing aids                          | ✗ Podiatry                       |
| ✗ Chinese medicine              | ✗ Home nursing                          | ✗ Speech therapy                 |
| ✗ Dietetics/dietary advice      | ✗ Major dental                          | ✗ Vaccinations                   |

**Other features of this general treatment cover:** Online and mobile access, claims via smart phone app. Extended dependant option only available with selected hospital products.

For further information about this policy see: <https://tuh.com.au/extras/basic-extras>

## Ambulance cover

Ambulance cover is provided by the State government for residents of Tasmania. This may include cover whilst interstate, except for South Australia and Queensland where no cover applies. In other states please check with Ambulance Tasmania - [https://www.health.tas.gov.au/ambulance/fees\\_and\\_accounts](https://www.health.tas.gov.au/ambulance/fees_and_accounts).

For further information about this policy see: <https://tuh.com.au/information/glossary/ambulance>

## Insurer Details

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Call now  **1300 360 701**  
Sponsor link**TUH, part of the Teachers Health Group** <https://tuh.com.au/> [enquiries@tuh.com.au](mailto:enquiries@tuh.com.au) **1300 360 701**

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Private Health Information Statement is available from the Private Health Insurance Ombudsman website at <https://privatehealth.gov.au/dynamic/Premium/PHIS/QTU/BY/TDMD20>