

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$35 - Subsequent visit: \$35
✓ Ante-natal/Post-natal classes	12	\$60 per person	- Initial visit: \$60 - Subsequent visit: \$60
✓ Audiology	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$50 - Subsequent visit: \$50
✓ Blood glucose monitors	12	\$2000 per person 1 appliance(s) every 3 years (combined limit of blood glucose monitors & other services).	Per monitor: 100% of charge

✓ Chinese medicine	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$35 - Subsequent visit: \$35
✓ Chiropractic	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	- Initial visit: \$55 - Subsequent visit: \$35
✓ Dietetics/dietary advice	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$75 - Subsequent visit: \$40
✓ Endodontic	12	\$1,400 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	Filling of one root canal: \$170
✓ Exercise physiology	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$50 - Subsequent visit: \$35
✓ Eye therapy (orthoptics)	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$60 - Subsequent visit: \$60
✓ General dental	2	\$1,400 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	- Fluoride treatment: \$24 - Scale & clean: \$89 - Periodic oral examination: \$54
✓ Health management / Healthy lifestyle	2	\$150 per person	Health management: \$150
✓ Hearing aids	12	Less than 10 years \$1000. Between 10-14 years \$1500. 15 years and over \$2000. Limit renews every 3 Membership years.	Hearing aid: 100% of charge
✓ Home nursing	12	\$50 per visit or \$150 per day up to \$1000 per person per Membership year.	- Initial visit: \$50 - Subsequent visit: \$50

✓ Major dental	12	\$1,400 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	- Surgical tooth extraction: \$180 - Full crown veneered: \$800
✓ Non PBS pharmaceuticals	2	\$500 per person combined limit for non pbs pharmaceuticals & vaccinations	Per eligible prescription: \$70
✓ Occupational therapy	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$80 - Subsequent visit: \$40
✓ Optical	2	\$300 per person	- Multi-focal lenses & frames: \$300 - Single vision lenses & frames: \$300
✓ Orthodontic	12	\$3,000 lifetime limit sub-limits apply	Braces for upper & lower teeth, including removal plus fitting of retainer: \$1000
✓ Orthotics (podiatric orthoses)	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	Orthotics supply & fit: 100% of charge
✓ Osteopathy	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$55 - Subsequent visit: \$35
✓ Physiotherapy	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	- Initial visit: \$55 - Subsequent visit: \$45
✓ Podiatry	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	- Initial visit: \$40 - Subsequent visit: \$40

✓ Psychology	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$80 - Subsequent visit: \$80
✓ Remedial massage	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	- Initial visit: \$40 - Subsequent visit: \$40
✓ Speech therapy	2	\$1,400 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	- Initial visit: \$80 - Subsequent visit: \$40
✓ Vaccinations	2	\$500 per person combined limit for non pbs pharmaceuticals & vaccinations	Per service: \$70

Rewarding Limits - Once you have held your extras cover with us for one year, we will automatically increase your annual limits for dental (excluding orthodontics) and therapies by \$50 per year, up to a maximum of \$250. After five years of membership, your limits will increase to \$1,650 per person per Membership Year. We honour this loyalty limit for as long as you continuously hold this product. Rewarding limits do not apply to sub-limits.

Other features of this general treatment cover: Health management (Healthy Living benefit) provides benefits towards the costs of metabolic dieticians or nutritionists consultations to assist with weight management, diabetes education consultations, quit smoking programs, skin checks for skin cancers (except where there is a Medicare benefit), bowel screening and bone density tests, a second yearly prostate specific antigen test not covered by Medicare, supermarket tours conducted by a dietitian or other allied health professional qualified to provide nutrition advice, and gym memberships/personal training sessions provided under an approved health management or chronic disease management program. Please contact the insurer for full details.

Ambulance cover

Pensioner Concession Card and Commonwealth Seniors Health Card holders are entitled to free ambulance transport services. St John's ambulance offers a subscription service for ambulance cover in the Northern Territory (<https://www.stjohnnt.org.au/ambulance/ambulance-cover.php>). Cover is included whilst interstate for less than 21 days.

For further information about this policy see: <https://www.queenslandcountry.health/cover-options/ambulance-cover/>

Insurer Details



Queensland Country Health Fund
Ultra Extras

\$148.55 / month

(Before Rebate, Discount & Loading)

Available in NT

Call now  **1800 813 415**
Sponsor link

Queensland Country Health Fund

 <https://www.queenslandcountry.health/>

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