

**Queensland Country Health Fund****Essential Extras****\$136.50 / month**

(Before Rebate, Discount & Loading)

Available in NSW & ACT

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

This policy covers: Two adults & dependants, including non-student dependants (3 or more people, only 2 of whom are adults).

Children (0 - 17), non-classified* dependant (18 - 20), students (21 - 31) and non-students (21 to 31), as well as persons with a disability who qualify as a child, non-classified* dependant, student and non-student in these age ranges.

*Non-classified dependant: Still allowed on a Family Policy

This policy can only be purchased with certain hospital policies.

By using this health insurer's "preferred providers" you will have lower out-of-pocket costs on selected allied health services and have access to more "no gap" services. See <https://www.queenslandcountry.health/provider-search/premier-provider-network/>.

Policy ID: QCH/I2/NGSK2Y**Source:** [Private Health Information Statement \(PHIS\)](#)

Extras Cover

This policy **includes** General treatment (Extras) cover for

Treatment & waiting period (months)	Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture 2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none">Initial visit: \$25Subsequent visit: \$25
✓ Ante-natal/Post-natal classes 12	\$42 per person	<ul style="list-style-type: none">Initial visit: \$42Subsequent visit: \$42
✓ Audiology 2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none">Initial visit: \$35Subsequent visit: \$35
✓ Chinese medicine 2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none">Initial visit: \$25Subsequent visit: \$25

✓ Chiropractic	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$39 Subsequent visit: \$25
✓ Dietetics/dietary advice	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none"> Initial visit: \$53 Subsequent visit: \$28
✓ Endodontic	12	\$900 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	<ul style="list-style-type: none"> Filling of one root canal: \$119
✓ Exercise physiology	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$35 Subsequent visit: \$25
✓ Eye therapy (orthoptics)	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none"> Initial visit: \$42 Subsequent visit: \$42
✓ General dental	2	\$900 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	<ul style="list-style-type: none"> Fluoride treatment: \$16 Scale & clean: \$63 Periodic oral examination: \$39
✓ Health management / Healthy lifestyle	2	\$125 per person	<ul style="list-style-type: none"> Health management: \$125
✓ Major dental	12	\$900 per person combined limit for endodontic, general dental, major dental & other services sub-limits apply	<ul style="list-style-type: none"> Surgical tooth extraction: \$126 Full crown veneered: \$560
✓ Non PBS pharmaceuticals	2	\$300 per person combined limit for non pbs pharmaceuticals & vaccinations	<ul style="list-style-type: none"> Per eligible prescription: \$45
✓ Occupational therapy	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none"> Initial visit: \$56 Subsequent visit: \$28
✓ Optical	2	\$215 per person	<ul style="list-style-type: none"> Multi-focal lenses & frames: \$215 Single vision lenses & frames: \$215

✓ Orthodontic	12	\$1,500 lifetime limit sub-limits apply	<ul style="list-style-type: none"> Braces for upper & lower teeth, including removal plus fitting of retainer: \$500
✓ Orthotics (podiatric orthoses)	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Orthotics supply & fit: 100% of charge
✓ Osteopathy	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$39 Subsequent visit: \$28
✓ Physiotherapy	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$39 Subsequent visit: \$33
✓ Podiatry	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$28 Subsequent visit: \$28
✓ Psychology	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none"> Initial visit: \$56 Subsequent visit: \$56
✓ Remedial massage	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy sub-limits apply	<ul style="list-style-type: none"> Initial visit: \$30 Subsequent visit: \$30
✓ Speech therapy	2	\$900 per person combined limit for acupuncture, audiology, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, eye therapy (orthoptics), occupational therapy, orthotics (podiatric orthoses), osteopathy, physiotherapy, podiatry, psychology, remedial massage & speech therapy	<ul style="list-style-type: none"> Initial visit: \$56 Subsequent visit: \$28
✓ Vaccinations	2	\$300 per person combined limit for non pbs pharmaceuticals & vaccinations	<ul style="list-style-type: none"> Per service: \$45

Rewarding Limits - Once you have held your extras cover with us for one year, we will automatically increase your annual limits for dental (excluding orthodontics) and therapies by \$50 per year, up to a maximum of \$250. After five years of membership, your limits will increase to \$1,150 per person per Membership Year. We honour this loyalty limit for as long as you continuously hold this product. Rewarding limits do not apply to sub-limits.

This policy does not include General treatment (Extras) cover for

Blood glucose monitors Hearing aids Home nursing

Other features of this general treatment cover: Health management (Healthy Living benefit) provides benefits towards the costs of metabolic dieticians or nutritionists consultations to assist with weight management, diabetes education consultations, quit smoking programs, skin checks for skin cancers (except where there is a Medicare benefit), bowel screening and bone density tests, a second yearly prostate specific antigen test not covered by Medicare, supermarket tours conducted by a dietitian or other allied health professional qualified to provide nutrition advice, and gym memberships/personal training sessions provided under an approved health management or chronic disease management program. Please contact the insurer for full details.

For further information about this policy see: <https://www.queenslandcountry.health/cover-options/essential-extras/>

Ambulance cover

Health Care Concession Card, Pensioner Concession Card, and Commonwealth Seniors Health Card holders are entitled to free ambulance transport services. If you are not eligible for a concession and want to be covered, you can purchase insurance from a private health fund.

For further information about this policy see: <https://www.queenslandcountry.health/cover-options/ambulance-cover/>

Insurer Details

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Essential Extras**\$136.50 / month**

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Call now **1800 813 415**
Sponsor link**Queensland Country Health Fund**

- <https://www.queenslandcountry.health/>
- info@queenslandcountry.health
- 1800 813 415**

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