

**Nurses & Midwives Health****Basic Extras****Restricted Insurer****\$68.40 / month**

(Before Rebate, Discount & Loading)

Available in NSW & ACT

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

This policy covers: Two adults (and no-one else).

Restricted insurer: Membership of this insurer is restricted to education union members and their families

We've partnered with a network of optical and dental providers Australia-wide to give members greater access to high quality treatment and exclusive discounts, including 'no gap' offers. See <https://www.nmhealth.com.au/members/find-a-provider/find-an-extras-provider/>.

Policy ID: NTF/I5/NDGX20**Source:** Private Health Information Statement (PHIS)

Extras Cover

This policy **includes** General treatment (Extras) cover for

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$22 - Subsequent visit: \$22
✓ Chinese medicine	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$22 - Subsequent visit: \$22
✓ Chiropractic	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$30 - Subsequent visit: \$30
✓ Dietetics/dietary advice	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$22 - Subsequent visit: \$22
✓ Exercise physiology	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$30 - Subsequent visit: \$30

✓ General dental	2	\$400 per person up to \$800 per policy sub-limits apply	- Fluoride treatment: \$20 - Scale & clean: \$35 - Periodic oral examination: \$20
✓ Health management / Healthy lifestyle	6	\$150 per person up to \$300 per policy sub-limits apply	Health management: 100% of charge
✓ Non PBS pharmaceuticals	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	Per eligible prescription: \$25
✓ Optical	6	\$150 per person up to \$300 per policy	- Multi-focal lenses & frames: 100% of charge - Single vision lenses & frames: 100% of charge
✓ Osteopathy	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$30 - Subsequent visit: \$30
✓ Physiotherapy	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$30 - Subsequent visit: \$30
✓ Psychology	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$45 - Subsequent visit: \$45
✓ Remedial massage	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	- Initial visit: \$22 - Subsequent visit: \$22
✓ Vaccinations	2	\$500 per person up to \$1,000 per policy combined limit for acupuncture, chinese medicine, chiropractic, dietetics/dietary advice, exercise physiology, non pbs pharmaceuticals, osteopathy, physiotherapy, psychology, remedial massage & vaccinations	Per service: \$25

This policy does not include General treatment (Extras) cover for

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|---------------------------------|------------------------|----------------------------------|
| ✗ Ante-natal/Post-natal classes | ✗ Hearing aids | ✗ Orthotics (podiatric orthoses) |
| ✗ Audiology | ✗ Home nursing | ✗ Podiatry |
| ✗ Blood glucose monitors | ✗ Major dental | ✗ Speech therapy |
| ✗ Endodontic | ✗ Occupational therapy | |
| ✗ Eye therapy (orthoptics) | ✗ Orthodontic | |

Ambulance cover

In NSW & ACT this policy provides:

Emergency: With a waiting period of 1 day, limited to \$6,000 per person per year up to \$12,000 per policy per year.

Call-out fees: Will be paid for each attendance, including emergency treatment without transport to hospital.

For further information about this policy see: <https://www.nmhealth.com.au/health-insurance/our-products/emergency-ambulance/>

Insurer Details



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Basic Extras

Restricted Insurer

\$68.40 / month
(Before Rebate, Discount & Loading)
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Call now **1300 344 000**
Sponsor link

Nurses & Midwives Health

<https://www.nmhealth.com.au/>

info@nmhealth.com.au

1300 344 000

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