

**Navy Health Ltd**

Public Basic+ Hospital &amp; Healthy Living Extras

**Restricted Insurer****\$479.16 / month**

(Before Rebate, Discount &amp; Loading)

Available in TAS

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include a Lifetime Health Cover Loading or an insurer discount. Check with your insurer for details.

**This policy covers:** Two adults (and no-one else).

**Restricted insurer:** Membership of this insurer is restricted to Cover for the ADF community - serving, ex-serving ADF, employees of contractors to ADF and families.

- This policy exempts you from the Medicare Levy Surcharge.
- This policy does not provide accident cover.
- This policy does not provide benefits for travel or accommodation outside of hospital.

**Policy ID: NHB/J22/TEMS20****Source:** [Private Health Information Statement \(PHIS\)](#)

## Hospital Cover

**Covered** **Restricted Cover** **Not Covered**

### This policy includes cover for

Assisted reproductive services	Ear, nose and throat	Miscarriage and termination of pregnancy
Back, neck and spine	Eye (not cataracts)	Pain management
Blood	Gastrointestinal endoscopy	Pain management with device
Bone, joint and muscle	Gynaecology	Palliative care
Brain and nervous system	Heart and vascular system	Plastic and reconstructive surgery (medically necessary)
Breast surgery (medically necessary)	Hernia and appendix	Podiatric surgery (provided by a registered podiatric surgeon)
Cataracts	Hospital psychiatric services	Pregnancy and birth
Chemotherapy, radiotherapy and immunotherapy for cancer	Implantation of hearing devices	Rehabilitation
Dental surgery	Insulin pumps	Skin
Diabetes management (excluding insulin pumps)	Joint reconstructions	Sleep studies
Dialysis for chronic kidney failure	Joint replacements	Tonsils, adenoids and grommets
Digestive system	Kidney and bladder	Weight loss surgery
	Lung and chest	
	Male reproductive system	

The benefits paid for hospital treatment will depend on the type of cover you purchase and whether your fund has an agreement in place with the hospital in which you are treated. See 'Agreement Hospitals' on [privatehealth.gov.au](https://privatehealth.gov.au) for which hospitals have arrangements with your insurer – <https://privatehealth.gov.au/dynamic/agreementhospitals>.

Under this policy, you may have to pay out-of-pocket costs above what you get from Medicare or your private health insurer. Before you go to hospital, you should ask your doctors, hospital and health insurer about any out-of-pocket costs that may apply to you.

**The following payments may also apply for hospital admissions****Excess:** No excess**Co-payments:** No co-payments**The following waiting periods for hospital admissions apply to new or upgrading members****Waiting periods:**

- 2 months for palliative care, rehabilitation and hospital psychiatric treatments, even if pre-existing
- 12 months for other pre-existing conditions
- 12 months for pregnancy and birth (obstetrics)
- 2 months for all other treatments

**Gap Cover**

This provider offers 'known gap' or 'no gap' cover for medical bills for this product. The Medical Costs Finder (<https://www.health.gov.au/resources/apps-and-tools/medical-costs-finder>) lets you find out more about the cost of specialist medical services.

**Other features of this hospital cover**

There is no excess and no co-payments on admission, and you are covered for all services in a public hospital. You are also covered for unlimited ambulance cover Australia-wide, which means you are not required to take out ambulance cover elsewhere.

**For further information about this policy see:** <https://navyhealth.com.au/public-basic-hospital-healthy-living-extras-cover/>

This health insurer does not operate a preferred provider scheme.

Policy ID: NHB/J22/TEMS20 Source: [Private Health Information Statement \(PHIS\)](#)

## Extras Cover

**This policy includes General treatment (Extras) cover for**

Treatment & waiting period (months)	Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture	2 <b>\$320 per person up to \$640 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"><li>• Initial visit: \$32</li><li>• Subsequent visit: \$32</li></ul>
✓ Audiology	2 <b>\$300 per person</b>	<ul style="list-style-type: none"><li>• Initial visit: \$60</li><li>• Subsequent visit: \$40</li></ul>
✓ Blood glucose monitors	6 <b>\$400 per person</b>	<ul style="list-style-type: none"><li>• Per monitor: 85% of charge</li></ul>
✓ Chinese medicine	2 <b>\$320 per person up to \$640 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"><li>• Initial visit: \$32</li><li>• Subsequent visit: \$32</li></ul>
✓ Chiropractic	2 <b>\$550 per person up to \$1,100 per policy</b> combined limit for chiropractic, osteopathy & other services	<ul style="list-style-type: none"><li>• Initial visit: \$48</li><li>• Subsequent visit: \$35</li></ul>

✓ <b>Dietetics/dietary advice</b>	2	<b>\$300 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$40</li> </ul>
✓ <b>Endodontic</b>	12	<b>\$1,500 per person</b>	<ul style="list-style-type: none"> <li>Filling of one root canal: \$129</li> </ul> <p>combined limit for endodontic, major dental &amp; other services sub-limits apply</p>
✓ <b>Exercise physiology</b>	2	<b>\$320 per person up to \$640 per policy</b>	<ul style="list-style-type: none"> <li>Initial visit: \$32</li> <li>Subsequent visit: \$32</li> </ul> <p>combined limit for acupuncture, chinese medicine, exercise physiology &amp; remedial massage</p>
✓ <b>Eye therapy (orthoptics)</b>	2	<b>\$300 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$35</li> </ul>
✓ <b>General dental</b>	2	<b>No annual limit</b>	<ul style="list-style-type: none"> <li>Fluoride treatment: \$21</li> <li>Scale &amp; clean: \$68</li> <li>Periodic oral examination: \$42</li> </ul>
✓ <b>Hearing aids</b>	12	<b>\$900 per person</b>	<ul style="list-style-type: none"> <li>Hearing aid: 100% of charge</li> </ul>
✓ <b>Home nursing</b>	2	<b>\$1,000 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$60</li> </ul>
✓ <b>Major dental</b>	12	<b>\$1,500 per person</b>	<ul style="list-style-type: none"> <li>Surgical tooth extraction: \$135</li> <li>Full crown veneered: \$619</li> </ul> <p>combined limit for endodontic, major dental &amp; other services sub-limits apply</p>
✓ <b>Non PBS pharmaceuticals</b>	2	<b>\$500 per person</b>	<ul style="list-style-type: none"> <li>Per eligible prescription: \$120</li> </ul> <p>combined limit for non pbs pharmaceuticals &amp; vaccinations</p>
✓ <b>Occupational therapy</b>	2	<b>\$400 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$45</li> <li>Subsequent visit: \$33</li> </ul>
✓ <b>Optical</b>	6	<b>\$260 per person</b>	<ul style="list-style-type: none"> <li>Multi-focal lenses &amp; frames: 100% of charge</li> <li>Single vision lenses &amp; frames: 100% of charge</li> </ul>
✓ <b>Orthodontic</b>	12	<b>\$2,000 per person</b>	<ul style="list-style-type: none"> <li>Braces for upper &amp; lower teeth, including removal plus fitting of retainer: 70% of charge</li> </ul>
✓ <b>Orthotics (podiatric orthoses)</b>	2	<b>\$200 per person</b>	<ul style="list-style-type: none"> <li>Orthotics supply &amp; fit: 85% of charge</li> </ul>
✓ <b>Osteopathy</b>	2	<b>\$550 per person up to \$1,100 per policy</b>	<ul style="list-style-type: none"> <li>Initial visit: \$48</li> <li>Subsequent visit: \$35</li> </ul> <p>combined limit for chiropractic, osteopathy &amp; other services</p>
✓ <b>Physiotherapy</b>	2	<b>\$600 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$55</li> <li>Subsequent visit: \$42</li> </ul>
✓ <b>Podiatry</b>	2	<b>\$300 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$45</li> <li>Subsequent visit: \$35</li> </ul>
✓ <b>Psychology</b>	2	<b>\$400 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$90</li> <li>Subsequent visit: \$70</li> </ul>

<b>✓ Remedial massage</b>	2	<b>\$320 per person up to \$640 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"><li>Initial visit: \$32</li><li>Subsequent visit: \$32</li></ul>
<b>✓ Speech therapy</b>	2	<b>\$300 per person</b>	<ul style="list-style-type: none"><li>Initial visit: \$90</li><li>Subsequent visit: \$40</li></ul>
<b>✓ Vaccinations</b>	2	<b>\$500 per person</b> combined limit for non pbs pharmaceuticals & vaccinations	<ul style="list-style-type: none"><li>Per service: \$120</li></ul>

Other treatments covered include: Laser Eye Surgery (\$1,200 per person per benefit year), Medically Prescribed Appliances (includes Blood Glucose Monitors) (\$400 per person per benefit year) and CPAP Devices (\$600 per benefit year). Members can access special offers from any of Navy Health's preferred optical providers: OPSM, Laubman & Pank, Specsavers, Teachers Eye Care, Eyebenefit and Q Optical Network (QON). General treatment benefit year runs from 1 July to 30 June.

**This policy does not include General treatment (Extras) cover for**

<b>✗ Ante-natal/Post-natal classes</b>	<b>✗ Health management / Healthy lifestyle</b>
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**Other features of this general treatment cover:** Telehealth services available for Physiotherapy, Psychology, Dietetics and Speech Therapy.

**For further information about this policy see:** <https://navyhealth.com.au/public-basic-hospital-healthy-living-extras-cover/>

**Ambulance cover**

Ambulance cover is provided by the State government for residents of Tasmania. This may include cover whilst interstate, except for South Australia and Queensland where no cover applies. In other states please check with Ambulance Tasmania - [https://www.health.tas.gov.au/ambulance/fees\\_and\\_accounts](https://www.health.tas.gov.au/ambulance/fees_and_accounts).

**Other features of this ambulance cover:** We cover 100% of the cost of ambulance services within Australia, provided it is provided by a state based run Ambulance service, by either air/sea or land. We do not provide benefits for privately run patient transport services.

**For further information about this policy see:** <https://navyhealth.com.au/public-basic-hospital-healthy-living-extras-cover/>

**Insurer Details**

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Public Basic+ Hospital &amp; Healthy Living Extras

Restricted Insurer

**\$479.16 / month**

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Call now 1300 306 289 Sponsor link

**Navy Health Ltd**

- <https://navyhealth.com.au/why-navy-health/>
- [query@navyhealth.com.au](mailto:query@navyhealth.com.au)
- 1300 306 289

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