



**Navy Health Ltd**  
**Premium Extras**

Restricted Insurer

**\$245.25 / month**  
(Before Rebate, Discount & Loading)  
Available in TAS

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

**This policy covers:** Two adults & dependants (3 or more people, only 2 of whom are adults).

Children (0 - 17), non-classified\* dependant (18 - 21) and students (22 - 31), as well as persons with a disability who qualify as a child, non-classified\* dependant and student in these age ranges.

\*Non-classified dependant: A non classified dependant is defined by Navy Health as a child, legally adopted child or step-child who is unmarried and who is younger than 21 years of age.

**Restricted insurer:** Membership of this insurer is restricted to Cover for the ADF community - serving, ex-serving ADF, employees of contractors to ADF and families.

This health insurer does not operate a preferred provider scheme.

Policy ID: NHB/I10/TFDQ2D

Source: Private Health Information Statement (PHIS).

## Extras Cover

This policy **includes** General treatment (Extras) cover for

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture	2	<b>\$550 per person up to \$1,100 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"><li>Initial visit: \$38</li><li>Subsequent visit: \$38</li></ul>
✓ Audiology	2	<b>\$500 per person</b>	<ul style="list-style-type: none"><li>Initial visit: \$70</li><li>Subsequent visit: \$55</li></ul>
✓ Blood glucose monitors	6	<b>\$700 per person</b>	<ul style="list-style-type: none"><li>Per monitor: 85% of charge</li></ul>
✓ Chinese medicine	2	<b>\$550 per person up to \$1,100 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"><li>Initial visit: \$38</li><li>Subsequent visit: \$38</li></ul>
✓ Chiropractic	2	<b>\$750 per person up to \$1,500 per policy</b> combined limit for chiropractic, osteopathy & other services	<ul style="list-style-type: none"><li>Initial visit: \$60</li><li>Subsequent visit: \$41</li></ul>
✓ Dietetics/dietary advice	2	<b>\$500 per person</b>	<ul style="list-style-type: none"><li>Initial visit: \$80</li><li>Subsequent visit: \$55</li></ul>
✓ Endodontic	12	<b>\$2,000 per person</b> combined limit for endodontic, major dental & other services sub-limits apply	<ul style="list-style-type: none"><li>Filling of one root canal: \$161.3</li></ul>

✓ Exercise physiology	2	<b>\$550 per person up to \$1,100 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"> <li>Initial visit: \$38</li> <li>Subsequent visit: \$38</li> </ul>
✓ Eye therapy (orthoptics)	2	<b>\$500 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$70</li> <li>Subsequent visit: \$55</li> </ul>
✓ General dental	2	<b>No annual limit</b>	<ul style="list-style-type: none"> <li>Fluoride treatment: \$26.3</li> <li>Scale &amp; clean: \$84.5</li> <li>Periodic oral examination: \$47.5</li> </ul>
✓ Hearing aids	12	<b>\$1,300 per person</b>	<ul style="list-style-type: none"> <li>Hearing aid: 100% of charge</li> </ul>
✓ Home nursing	2	<b>\$1,000 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$60</li> </ul>
✓ Major dental	12	<b>\$2,000 per person</b> combined limit for endodontic, major dental & other services sub-limits apply	<ul style="list-style-type: none"> <li>Surgical tooth extraction: \$168.8</li> <li>Full crown veneered: \$773.8</li> </ul>
✓ Non PBS pharmaceuticals	2	<b>\$600 per person</b> combined limit for non pbs pharmaceuticals & vaccinations	<ul style="list-style-type: none"> <li>Per eligible prescription: \$120</li> </ul>
✓ Occupational therapy	2	<b>\$500 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$40</li> </ul>
✓ Optical	6	<b>\$350 per person</b>	<ul style="list-style-type: none"> <li>Multi-focal lenses &amp; frames: 100% of charge</li> <li>Single vision lenses &amp; frames: 100% of charge</li> </ul>
✓ Orthodontic	12	<b>\$2,500 per person</b>	<ul style="list-style-type: none"> <li>Braces for upper &amp; lower teeth, including removal plus fitting of retainer: 80% of charge</li> </ul>
✓ Orthotics (podiatric orthoses)	2	<b>\$300 per person</b>	<ul style="list-style-type: none"> <li>Orthotics supply &amp; fit: 85% of charge</li> </ul>
✓ Osteopathy	2	<b>\$750 per person up to \$1,500 per policy</b> combined limit for chiropractic, osteopathy & other services	<ul style="list-style-type: none"> <li>Initial visit: \$60</li> <li>Subsequent visit: \$41</li> </ul>
✓ Physiotherapy	2	<b>\$850 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$67</li> <li>Subsequent visit: \$52</li> </ul>
✓ Podiatry	2	<b>\$500 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$57</li> <li>Subsequent visit: \$44</li> </ul>
✓ Psychology	2	<b>\$600 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$110</li> <li>Subsequent visit: \$80</li> </ul>
✓ Remedial massage	2	<b>\$550 per person up to \$1,100 per policy</b> combined limit for acupuncture, chinese medicine, exercise physiology & remedial massage	<ul style="list-style-type: none"> <li>Initial visit: \$38</li> <li>Subsequent visit: \$38</li> </ul>
✓ Speech therapy	2	<b>\$500 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$110</li> <li>Subsequent visit: \$55</li> </ul>

- ✓ **Vaccinations**      2      **\$600 per person**      • Per service: \$120  
combined limit for non pbs pharmaceuticals & vaccinations

Other treatments covered include: Laser Eye Surgery (\$1,500 per person per benefit year), Medically Prescribed Appliances (includes Blood Glucose Monitors) (\$700 per person per benefit year), CPAP Devices (\$1,000 per benefit year) and School Accidents (\$800 per person per benefit year). Members can access special offers from any of Navy Health's preferred optical providers: OPSM, Laubman & Pank, Specsavers, Teachers Eye Care, Eyebenefit and Q Optical Network (QON). General treatment benefit year runs from 1 July to 30 June.

**This policy does not include General treatment (Extras) cover for**

- ✗ Ante-natal/Post-natal classes      ✗ Health management / Healthy lifestyle

**Other features of this general treatment cover:** Telehealth services available for Physiotherapy, Psychology, Dietetics and Speech Therapy.

**For further information about this policy see:** <https://navyhealth.com.au/premium-extras-cover>

## Ambulance cover

Ambulance cover is provided by the State government for residents of Tasmania. This may include cover whilst interstate, except for South Australia and Queensland where no cover applies. In other states please check with Ambulance Tasmania - [https://www.health.tas.gov.au/ambulance/fees\\_and\\_accounts](https://www.health.tas.gov.au/ambulance/fees_and_accounts).

**Other features of this ambulance cover:** We cover 100% of the cost of ambulance services within Australia, provided it is provided by a state based run Ambulance service, by either air/sea or land. We do not provide benefits for privately run patient transport services.

**For further information about this policy see:** <https://navyhealth.com.au/premium-extras-cover>

## Insurer Details



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Call now  **1300 306 289**  
Sponsor link

**Navy Health Ltd**

 <https://navyhealth.com.au/why-navy-health/>

 [query@navyhealth.com.au](mailto:query@navyhealth.com.au)

 **1300 306 289**

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