

**Health Insurance Fund of Australia Limited**  
Simple Extras**\$108.30 / month**  
(Before Rebate, Discount & Loading)  
Available in QLD

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

**This policy covers:** Two adults (and no-one else).

HIF has partnered with a network of providers to make a selected range of services more affordable. By choosing an HIF Choice Network provider you'll receive low or no out-of-pocket costs. See [www.hif.com.au/choice-network](http://www.hif.com.au/choice-network)

**Policy ID:** HIF/A10/QBUP20

**Source:** Private Health Information Statement (PHIS)

## Extras Cover

**This policy includes General treatment (Extras) cover for**

Note, for treatments marked with \* : Pharmacy benefit paid after deduction of the PBS co-payment at 60% per script. A \$20 benefit (1 per person, per calendar year) will be paid on eligible claims for flu vaccinations from a registered pharmacy only. Optical benefit paid on frames and prescription optical items. Benefits for replacement dentures and partial dentures are not paid within three years of previous supply.

| Treatment & waiting period (months) |    | Benefit limits per 12 months unless otherwise stated                                                                                                                                                                                                                                              | Examples of maximum benefits                                                                                         |
|-------------------------------------|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| ✓ Acupuncture                       | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services<br>sub-limits apply | <ul style="list-style-type: none"><li>Initial visit: 60% of charge</li><li>Subsequent visit: 60% of charge</li></ul> |
| ✓ Chinese medicine                  | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services<br>sub-limits apply | <ul style="list-style-type: none"><li>Initial visit: 60% of charge</li><li>Subsequent visit: 60% of charge</li></ul> |
| ✓ Chiropractic                      | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                     | <ul style="list-style-type: none"><li>Initial visit: 60% of charge</li><li>Subsequent visit: 60% of charge</li></ul> |
| ✓ Endodontic                        | 12 | <b>\$600 per person up to \$1,200 per policy</b><br>combined limit for endodontic & major dental                                                                                                                                                                                                  | <ul style="list-style-type: none"><li>Filling of one root canal: 60% of charge</li></ul>                             |

|                                                |    |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                   |
|------------------------------------------------|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ✓ <b>Exercise physiology</b>                   | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                  | <ul style="list-style-type: none"> <li>Initial visit: 60% of charge</li> <li>Subsequent visit: 60% of charge</li> </ul>                                                                                                           |
| ✓ <b>General dental</b>                        | 2  | <b>\$600 per person up to \$1,200 per policy</b>                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>Fluoride treatment: 60% of charge</li> <li>Scale &amp; clean: 60% of charge</li> <li>Surgical tooth extraction: 60% of charge</li> <li>Periodic oral examination: 60% of charge</li> </ul> |
| ✓ <b>Health management / Healthy lifestyle</b> | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services sub-limits apply | <ul style="list-style-type: none"> <li>Health management: 60% of charge</li> </ul>                                                                                                                                                |
| ✓ <b>Major dental*</b>                         | 12 | <b>\$600 per person up to \$1,200 per policy</b><br>combined limit for endodontic & major dental                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>Full crown veneered: 60% of charge</li> </ul>                                                                                                                                              |
| ✓ <b>Non PBS pharmaceuticals*</b>              | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                  | <ul style="list-style-type: none"> <li>Per eligible prescription: 60% of charge</li> </ul>                                                                                                                                        |
| ✓ <b>Optical*</b>                              | 2  | <b>\$200 per person up to \$400 per policy</b>                                                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>Multi-focal lenses &amp; frames: 100% of charge</li> <li>Single vision lenses &amp; frames: 100% of charge</li> </ul>                                                                      |
| ✓ <b>Osteopathy</b>                            | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                  | <ul style="list-style-type: none"> <li>Initial visit: 60% of charge</li> <li>Subsequent visit: 60% of charge</li> </ul>                                                                                                           |
| ✓ <b>Physiotherapy</b>                         | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                  | <ul style="list-style-type: none"> <li>Initial visit: 60% of charge</li> <li>Subsequent visit: 60% of charge</li> </ul>                                                                                                           |
| ✓ <b>Podiatry</b>                              | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services                  | <ul style="list-style-type: none"> <li>Initial visit: 60% of charge</li> <li>Subsequent visit: 60% of charge</li> </ul>                                                                                                           |
| ✓ <b>Remedial massage</b>                      | 2  | <b>\$350 per person up to \$700 per policy</b><br>combined limit for acupuncture, chinese medicine, chiropractic, exercise physiology, health management / healthy lifestyle, non pbs pharmaceuticals, osteopathy, physiotherapy, podiatry, remedial massage & other services sub-limits apply | <ul style="list-style-type: none"> <li>Initial visit: 60% of charge</li> <li>Subsequent visit: 60% of charge</li> </ul>                                                                                                           |

Complementary Therapies sub-limit is \$150 per person (\$300 per couple or family membership). Benefits are claimable for acupuncture, myotherapy, remedial massage and traditional Chinese medicine. Treatment must be provided by a practitioner who is registered with HIF in the speciality for which the charge is raised, benefits are not payable on medicines. Healthy lifestyle sub-limit is \$150 per person (\$300 per couple or family membership). The limits detailed above are subject to a combined overall person limit of \$350 (\$700 per couple or family membership) for physio, exercise physiology, chiro, osteo, podiatry, pharmacy, complementary therapies and healthy lifestyle.

**This policy does not include General treatment (Extras) cover for**

- |                                 |                                  |                  |
|---------------------------------|----------------------------------|------------------|
| ✗ Ante-natal/Post-natal classes | ✗ Hearing aids                   | ✗ Psychology     |
| ✗ Audiology                     | ✗ Home nursing                   | ✗ Speech therapy |
| ✗ Blood glucose monitors        | ✗ Occupational therapy           | ✗ Vaccinations   |
| ✗ Dietetics/dietary advice      | ✗ Orthodontic                    |                  |
| ✗ Eye therapy (orthoptics)      | ✗ Orthotics (podiatric orthoses) |                  |

**Other features of this general treatment cover:** Simple Extras is our great-value Extras cover that offers 60% back or more on services such as General Dental, Major Dental, Optical, Physio, Chiro, Complimentary Therapies and more.

**For further information about this policy see:** <https://www.hif.com.au/simpleextras>

## Ambulance cover

Ambulance cover is provided by the State government for Queensland residents (<https://www.ambulance.qld.gov.au>). This includes cover whilst interstate.

**Other features of this ambulance cover:** There is no limit to the number of emergency ambulance services you use. If you're taken to a hospital's emergency department for urgent treatment, we'll cover 100% of the charge. If it's a non-emergency ambulance service, you only make a \$50 co-payment per trip. Not covered: Inter-hospital transportation except for inter-hospital transfers relating to an emergency or new illness where approved on a case by case basis by HIF. Transportation from a hospital to your home, nursing home or other hospital. Transportation for ongoing medical treatment. Off road, sea or air ambulance (plane, helicopter or boat).

**For further information about this policy see:** <https://www.hif.com.au/ambulance>

## Insurer Details



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Call now  **1300 134 060**  
Sponsor link

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 <http://www.hif.com.au>

 [hello@hif.com.au](mailto:hello@hif.com.au)

 **1300 134 060**

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