

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Chiropractic	2	\$250 per person combined limit for chiropractic, osteopathy & other services	• Initial visit: \$30 • Subsequent visit: \$30
✓ Dietetics/dietary advice	2	\$250 per person combined limit for dietetics/dietary advice, psychology, vaccinations & other services	• Initial visit: \$36 • Subsequent visit: \$36
✓ General dental	2	\$700 per person	• Fluoride treatment: \$20 • Scale & clean: \$65.3 • Periodic oral examination: \$32.3
✓ Optical	6	\$200 per person	• Multi-focal lenses & frames: 100% of charge • Single vision lenses & frames: 100% of charge
✓ Osteopathy	2	\$250 per person combined limit for chiropractic, osteopathy & other services	• Initial visit: \$30 • Subsequent visit: \$30
✓ Physiotherapy	2	\$300 per person	• Initial visit: \$37 • Subsequent visit: \$37
✓ Psychology	2	\$250 per person combined limit for dietetics/dietary advice, psychology, vaccinations & other services	• Initial visit: \$49 • Subsequent visit: \$49

✓ Remedial massage	2	\$200 per person	- Initial visit: \$25 - Subsequent visit: \$25
✓ Vaccinations	2	\$250 per person combined limit for dietetics/dietary advice, psychology, vaccinations & other services	Per service: \$30

Benefits available for a range of wellbeing & preventative health products as well as counselling services.

This policy does not include General treatment (Extras) cover for

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|---------------------------------|---|----------------------------------|
| ✗ Acupuncture | ✗ Exercise physiology | ✗ Non PBS pharmaceuticals |
| ✗ Ante-natal/Post-natal classes | ✗ Eye therapy (orthoptics) | ✗ Occupational therapy |
| ✗ Audiology | ✗ Health management / Healthy lifestyle | ✗ Orthodontic |
| ✗ Blood glucose monitors | ✗ Hearing aids | ✗ Orthotics (podiatric orthoses) |
| ✗ Chinese medicine | ✗ Home nursing | ✗ Podiatry |
| ✗ Endodontic | ✗ Major dental | ✗ Speech therapy |

Other features of this general treatment cover: Can only be purchased with AIA Vitality Hospital Covers.

Ambulance cover

Pensioner Concession Card and Healthcare Card holders are entitled to free clinically necessary ambulance transport. If you are not eligible for a concession and want to be covered, you can purchase insurance from a private health insurer or take out a subscription with the state ambulance service (<https://www.ambulance.vic.gov.au/membership>).

Insurer Details



GMHBA Limited
GMHBA Essential Extras

\$92.10 / month

(Before Rebate, Discount & Loading)

Available in VIC

Call now  **1300 4 GMHBA (46422)**
Sponsor link

GMHBA Limited

 <http://www.gmhba.com.au>

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