



**GMHBA Limited**  
GMHBA Essential Extras

**\$84.00 / month**  
(Before Rebate, Discount & Loading)  
Available in SA

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

**This policy covers:** Two adults (and no-one else).

This policy can only be purchased with certain hospital policies.  
This health insurer does not operate a preferred provider scheme.

Policy ID: GMH/127/SJUO20

Source: [Private Health Information Statement \(PHIS\)](#).

## Extras Cover

This policy **includes** General treatment (Extras) cover for

Treatment & waiting period (months)		Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Chiropractic	2	<b>\$250 per person</b> combined limit for chiropractic, osteopathy & other services	<ul style="list-style-type: none"> <li>Initial visit: \$30</li> <li>Subsequent visit: \$30</li> </ul>
✓ Dietetics/dietary advice	2	<b>\$250 per person</b> combined limit for dietetics/dietary advice, psychology, vaccinations & other services	<ul style="list-style-type: none"> <li>Initial visit: \$36</li> <li>Subsequent visit: \$36</li> </ul>
✓ General dental	2	<b>\$700 per person</b>	<ul style="list-style-type: none"> <li>Fluoride treatment: \$20</li> <li>Scale &amp; clean: \$65.3</li> <li>Periodic oral examination: \$32.3</li> </ul>
✓ Optical	6	<b>\$200 per person</b>	<ul style="list-style-type: none"> <li>Multi-focal lenses &amp; frames: 100% of charge</li> <li>Single vision lenses &amp; frames: 100% of charge</li> </ul>
✓ Osteopathy	2	<b>\$250 per person</b> combined limit for chiropractic, osteopathy & other services	<ul style="list-style-type: none"> <li>Initial visit: \$30</li> <li>Subsequent visit: \$30</li> </ul>
✓ Physiotherapy	2	<b>\$300 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$37</li> <li>Subsequent visit: \$37</li> </ul>
✓ Psychology	2	<b>\$250 per person</b> combined limit for dietetics/dietary advice, psychology, vaccinations & other services	<ul style="list-style-type: none"> <li>Initial visit: \$49</li> <li>Subsequent visit: \$49</li> </ul>
✓ Remedial massage	2	<b>\$200 per person</b>	<ul style="list-style-type: none"> <li>Initial visit: \$25</li> <li>Subsequent visit: \$25</li> </ul>

- ✓ **Vaccinations**      2      **\$250 per person**      • Per service: \$30  
 combined limit for dietetics/dietary advice, psychology, vaccinations & other services

Benefits available for a range of wellbeing & preventative health products as well as counselling services.

**This policy does not include General treatment (Extras) cover for**

- |                                 |   |                                  |
|---------------------------------|---|----------------------------------|
| ✗ Acupuncture                   | ✗ Exercise physiology                   | ✗ Non PBS pharmaceuticals        |
| ✗ Ante-natal/Post-natal classes | ✗ Eye therapy (orthoptics)              | ✗ Occupational therapy           |
| ✗ Audiology                     | ✗ Health management / Healthy lifestyle | ✗ Orthodontic                    |
| ✗ Blood glucose monitors        | ✗ Hearing aids                          | ✗ Orthotics (podiatric orthoses) |
| ✗ Chinese medicine              | ✗ Home nursing                          | ✗ Podiatry                       |
| ✗ Endodontic                    | ✗ Major dental                          | ✗ Speech therapy                 |

**Other features of this general treatment cover:** Can only be purchased with AIA Vitality Hospital Covers.

## Ambulance cover

South Australia has a subscription service to cover ambulance within the state, with an additional fee to cover interstate travel (<http://www.saambulance.com.au/ProductsServices/AmbulanceCover.aspx>).

## Insurer Details



**GMHBA Limited**  
GMHBA Essential Extras

**\$84.00 / month**  
(Before Rebate, Discount & Loading)  
Available in SA

Call now **1300 4 GMHBA (46422)**  
Sponsor link

**GMHBA Limited**  
<http://www.gmhba.com.au>  
[service@gmhba.com.au](mailto:service@gmhba.com.au)  
**1300 4 GMHBA (46422)**

**Disclaimer:** This document is not a Private Health Information Statement (PHIS), and it is not intended to replace that document. The details contained in the **healthslips.com.au Policy Information** was provided by the insurer to the Australian Government. It is intended as general information. It may not take into account your circumstances. For further information contact the insurer. Information used is Licensed from the Commonwealth of Australia under a Creative Commons 3.0 licence.

Private Health Information Statement is available from the Private Health Insurance Ombudsman website at <https://privatehealth.gov.au/dynamic/Premium/PHIS/GMH/127/SJU020>