



Defence Health Limited
Essentials Extras

Restricted Insurer**\$33.28 / month**

(Before Rebate, Discount & Loading)

Available in TAS

You may be entitled to an Australian Government Rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

This policy covers: Dependents only (2 or more people, none of whom is an adult).

Children (0 - 17), non-classified* dependant (18 - 20), students (21 - 30) and non-students (21 to 30), as well as persons with a disability who qualify as a child, non-classified* dependant, student and non-student in these age ranges.

*Non-classified dependant: We continue to keep kids covered, no questions asked, until they turn 21.

Restricted insurer: Membership of this insurer is restricted to current or former members of the ADF and the Defence community and their families.

Visit a network dentist for quality dental care at special member prices. Plus, network optical providers offer no-gap glasses and discounts on other optical purchases up to the optical limit. See <https://www.defencehealth.com.au/Health-Insurance/Find-Providers-and-Hospitals>.

Policy ID: AHB/15/TCDZ0D**Source: [Private Health Information Statement \(PHIS\)](#)**

Extras Cover

This policy includes General treatment (Extras) cover for

Note, for treatments marked with *: A 12 month waiting period applies for Surgical tooth extraction. Pharmaceutical benefits are only paid for travel vaccinations.

Treatment & waiting period (months)	Benefit limits per 12 months unless otherwise stated	Examples of maximum benefits
✓ Acupuncture	2 \$200 per person combined limit for acupuncture, remedial massage & other services	<ul style="list-style-type: none"> Initial visit: \$21 Subsequent visit: \$17
✓ Chiropractic	2 \$450 per person combined limit for chiropractic, exercise physiology, osteopathy, physiotherapy & vaccinations	<ul style="list-style-type: none"> Initial visit: \$36 Subsequent visit: \$26
✓ Exercise physiology	2 \$450 per person combined limit for chiropractic, exercise physiology, osteopathy, physiotherapy & vaccinations	<ul style="list-style-type: none"> Initial visit: \$20 Subsequent visit: \$16
✓ General dental*	2 \$500 per person	<ul style="list-style-type: none"> Fluoride treatment: \$16.4 Scale & clean: \$60.4 Surgical tooth extraction: \$107.3 Periodic oral examination: \$30.8
✓ Optical	2 \$170 per person	<ul style="list-style-type: none"> Multi-focal lenses & frames: 100% of charge Single vision lenses & frames: 100% of charge

✓ Osteopathy	2	\$450 per person combined limit for chiropractic, exercise physiology, osteopathy, physiotherapy & vaccinations	<ul style="list-style-type: none"> Initial visit: \$36 Subsequent visit: \$26
✓ Physiotherapy	2	\$450 per person combined limit for chiropractic, exercise physiology, osteopathy, physiotherapy & vaccinations	<ul style="list-style-type: none"> Initial visit: \$36 Subsequent visit: \$26
✓ Remedial massage	2	\$200 per person combined limit for acupuncture, remedial massage & other services	<ul style="list-style-type: none"> Initial visit: \$21 Subsequent visit: \$17
✓ Vaccinations*	2	\$450 per person combined limit for chiropractic, exercise physiology, osteopathy, physiotherapy & vaccinations	<ul style="list-style-type: none"> Per service: \$50

Health and Wellbeing annual limit \$200 includes: Acupuncture, Remedial Massage, Myotherapy - initial consultation: \$21.00, subsequent consultation: \$17.00, Group Physiotherapy - \$12.00 per session and Group Exercise Physiology - \$8.00 per session.

This policy does not include General treatment (Extras) cover for

✗ Ante-natal/Post-natal classes	✗ Eye therapy (orthoptics)	✗ Occupational therapy
✗ Audiology	✗ Health management / Healthy lifestyle	✗ Orthodontic
✗ Blood glucose monitors	✗ Hearing aids	✗ Orthotics (podiatric orthoses)
✗ Chinese medicine	✗ Home nursing	✗ Podiatry
✗ Dietetics/dietary advice	✗ Major dental	✗ Psychology
✗ Endodontic	✗ Non PBS pharmaceuticals	✗ Speech therapy

Other features of this general treatment cover: All benefits are per person. Benefits reset on 1 July each year. Details and claim conditions are provided in product guides available at defencehealth.com.au or 1800 335 425.

For further information about this policy see: <https://www.defencehealth.com.au/>

Ambulance cover

Ambulance cover is provided by the State government for residents of Tasmania. This may include cover whilst interstate, except for South Australia and Queensland where no cover applies. In other states please check with Ambulance Tasmania - https://www.health.tas.gov.au/ambulance/fees_and_accounts.

Other features of this ambulance cover: Comprehensive cover for ambulance services by state-appointed ambulance providers across Australia. This includes emergency services, non-emergency dispatch, mobile intensive care and air and sea ambulance services. Non-emergency services are those that are classed as clinically necessary; for example, you need to be monitored by a paramedic during transport. Patient transfer services and transport services by Patient Transport vehicles are not ambulance services and are not claimable.

For further information about this policy see: <https://www.defencehealth.com.au/>

Insurer Details



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Call now 1800 335 425
Sponsor link

Defence Health Limited
⊕ <http://www.defencehealth.com.au>
✉ info@defencehealth.com.au
📞 1800 335 425

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Private Health Information Statement is available from the Private Health Insurance Ombudsman website at <https://privatehealth.gov.au/dynamic/Premium/PHIS/AHB/I5/TCDZ0D>